



# MID-VALLEY BICYCLE CLUB SPOKESMAN

(late) April 2007

*"We hold these truths to be self-evident, that all men are created equal, that they are endowed by their Creator with certain unalienable Rights, that among these are Life, Liberty and the pursuit of Happiness."*  
~ Thomas Jefferson

## Up front

by Larry Thurber, President

Ahhh... Spring is finally here. The sun shines a bit more, the days are longer, the sky is a deeper blue, and finally, *yes finally*, someone else is president of the MVBC! **Jim Gau** stepped up and, in his own words, was standing on the edge of the cliff, and somebody pushed him over the edge. I'll bet that's not exactly how it happened, but I'd like to thank both Jim *and* whoever it was that gave him the push. Once Jim decided to take on the mantle of leadership, Walt Prichard followed suit by taking the Vice President's role. Walt deserves some extra credit as he has been the advocacy representative to the board for a number of years and will now be wearing two hats. And last, but certainly not least, Joe Monteleone stepped in to fill the Member-at-Large position vacated by Jim when he took on the presidency. I just hope this newsletter isn't the first place Maria hears about it!

On a serious note, Jim noted that he is a relative newbie to the club and doesn't have the club history to work with. Because I pre-dated Jim's membership by only a couple of years, I know that particular feeling very well. The board promised to give Jim as much help as possible and I know the rest of the club will accord him those favors as well. Please give Jim a hearty welcome and congratulations when you see him.

Although we have most of the vacancies filled, we are still in need of a Covered Bridge Director and a Webmaster. After nearly a decade of being a web czar, Mark Newsome has decided to give it up. If you have web skills, and would like to donate some of your time, please contact Mark, myself, Jim Gau, or any club officer to express an interest.

And... if you are hovering on the edge of the abyss with respect to being the director of the Covered Bridge Bicycle Tour, please let us know how to push you over the edge. And while we're on the subject of volunteers, John Hebda, who is heading up the Crater Lake Rim Tour this year has noted he will be looking for a few good volunteers for this event. If you are interested, or have a non-riding guest who

may be willing to help, please contact John. More to come.

I've had dozens of thoughts roaming around the empty regions of my brain on what to put on paper for my last newsletter. One of those trains of thought derailed a bit during a conversation with President Jim. I described to him that, in a way, the club runs itself. Most of the events we enjoy collectively occur because someone wants them to happen. And they happen because it must make someone happy. Sometimes the organizers, sometimes the participants, hopefully both. It has to happen this way. What other reason would encourage an unpaid volunteer to make such an effort?

Then I got to thinking about the beginning of the Declaration of Independence. (When my brain-train derailed, it doesn't leave a car on the track!) And the

part of the Declaration I was thinking about was: *The Pursuit of Happiness*. Ever since 4<sup>th</sup> grade history, I've been amazed how our forefathers figured out that most folks just want to be happy. And they were also astute enough to recognize that we should have the right to *pursue* it. However, our forefathers didn't say a thing about actually obtaining it. That's the part where we need to put in our own efforts. In my small **happy** world, among other things, a bicycle is always there. And although I haven't been riding as much lately, it's always there. In the dreary, dark months of the year, I wish for better weather... so I can ride my bike. When I'm walking the halls at work on a beautiful day... I'm thinking about riding my bike. When I think back to fun events I've participated in, many memories have a bike in the picture. And that's what makes one of my biggest worries. The fear that I won't have the right to pursue my happiness on a bike. I'm concerned about increases in traffic, increases in bicycle/auto collisions, and more recently, increases in the amount of folks expressing their displeasure with bikes sharing the road. And so, I'm extremely grateful for all the people who work on our behalf.

I'm also a bit embarrassed that I don't know who all those people are, but I'm sure you know a few of them. People like Walt Prichard, who works with the Benton County Bike Advisory Committee; Jack Schubert and Josh Storer, who serve on the Corvallis Bicycle and Pedestrian

## Also in this issue

Rolling Feast

Historic Sites Bicycle Tour

Dues Increase May 1st

Board Meeting Notes

(Continued on page 2)

**Mid-Valley Bicycle Club**  
P.O. Box 1373  
Corvallis, OR 97339-1373

[www.mvbc.com](http://www.mvbc.com)

**President**

Jim Gau  
jvgmte@comcast.net 754 1511

**Vice President**

Walt Prichard  
prichard@proaxis.com 752 6231

**Treasurer**

Matt Mathews  
matnsusn@comcast.net 754 1378

**Membership**

Susan Christie  
matnsusn@comcast.net 754 1378

**Recording Secretary**

Rick Riper  
gearheadosu@hotmail.com 367 8724

**Ride Captains**

Henry McCarthy  
henry\_mccarthy@poptal.com 758 3012  
&  
Lyle Dalton  
lldalton@comcast.net 231 9576

**Designated Ride Leaders**

10 am Sat—Jerry Rooney  
jeroon@peak.org 752 6588

9:30 am Wed—Walt Prichard  
prichard@proaxis.com 752 6231

**Directors At Large**

Joe Monteleone  
j.monteleone@proaxis.com  
754 9677  
&

Joellen Baicher-Jarvi  
baicher\_jarvi@sbcglobal.com

**Advocacy Representative**

Walt Prichard  
prichard@proaxis.com 752 6231

**Newsletter Editor**

Lloyd Swanson  
Lloydswanson@comcast.net 753 5878

**Webmaster**

Mark Newsome

Advisory Commission (BPAC); Jim Lawrence and Bill Pintard, who serve in the same capacity in Albany. And then there are all the people who create cycling awareness by putting on events for others. From small events like the Midge Cramer and Rolling Feast rides, thanks go to Ann, Charlie and Becky. And the bigger events like Tandem Rally and Covered Bridge. Thanks to many more names than I can fit in this newsletter. And for everyone who works with bicycle safety education programs, a thank you from the bottom of my heart. Our cycling futures will depend on the opinions and attitudes of the generation behind us.

I can only hope that by serving as president I was a good representative and advocate of what a responsible cyclist is. And although I'm happy to be passing the torch to Jim, I will admit the last two-plus years were... *a good ride.*

Larry

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### Rolling Feast 2007

Saturday, May 12th  
by Becky Steinmetz

I just would like to remind folks that the Rolling Feast is on! I hope you will consider pedaling on out to join us for a pleasant day cycling with good friends and great food on a very unique route.

We have volunteers that have stepped forward to feed us, a *surprise* bicycle route is planned, so all you have to do is come out and join us in this fun ride. This is definitely going to be another great Rolling Feast and one that will accommodate everyone.....family riders to long distance cyclists.

The ride is approximately 26 miles in length. If you only want to ride a shorter distance, the first stop is at 6 miles and therefore you can decide at that point to either go on to the other stops or turn back and return home. The ride can easily be extended for the long distance riders. This year the ride will have some gravel and dirt roads, so please keep that in mind when you are deciding, "*Which bike am I gonna ride today?*" J

We will meet at The Beanery on Circle Blvd at 9:00 a.m. on Saturday, May 12th. Sure hope to see you all!

### Bike Tour of Historic Benton County Sites Corvallis' 150<sup>th</sup> Birthday Celebration – 2007



Planning for the Bike Tour of Historic Benton County Sites is well under way! Our Tour date is Saturday, July 14<sup>th</sup>. The Tour is listed on the 150<sup>th</sup> Anniversary calendar and is an official event in the Corvallis Visitors' Guide, published March 20<sup>th</sup>, 2007. We have visited owners of historic country sites - homes, barns, a school, cemeteries, and even an old quarry. The owners have intriguing stories to tell. In addition to learning about historic Valley settlement from some of the owners themselves, Bob Lillie, OSU Professor of Geology, will accompany us to talk about the geologic landscape and why the Valley was (and is) a very desirable place for settlers come.

The route will be from Starker Arts Park, and include sites west of Corvallis and south of Philomath. We will have a long and a short route, with time at several places to stop, learn, and discuss. The ride will be free, but due to narrow roads and hills, and a real need to ride carefully and safely, we will must limit riders to those age 10 and older.

We need someone to volunteer as a Sag Driver from 8:00 – 1:00pm, to help in case of flats, and to set up and take down site signs. We also need someone to volunteer to "bring up the rear" of the ride, and coordinate with the Sag driver as needed. If you can help, please phone Joellen Jarvi at 231-1267, e-mail: <Baicher\_jarvi@comcast.net>, or Jim Gau at 754-1511 <jvgmte@comcast.net>

Information will be available at our website <http://mvbc.com/> as details are finalized.

## MVBC EVENT CALENDAR: April-May 2007

Saturday rides meet at Circle Blvd. **BEANERY**. Sign up roster is available until ten minutes past the hour. Rides begin at fifteen minutes past the hour. An ANSI/SNELL approved helmet is required. Recommended equipment: Frame pump, spare inner tube, patch kit, minor adjustment tools, full water bottle, and clothing to fit the climate because we ride rain, or shine. Because of the range of abilities, rides usually break into groups riding at different paces. Group sizes and abilities vary depending on who shows up. Ride Captains: Henry McCarthy and Lyle Dalton. 10 am Ride Leader: Jerry Rooney 752-6588

Show and go rides start at 10:00 am at Osborn Aquatic Center

**April 14, Saturday, 9 am: MIDGE CRAMER RIDE. Meet your fellow cyclists for Pancakes with the Kiwanis at Linus Pauling Middle School. Load up for the coasting contest!**

**Long Ride: Alsea Falls, 69 miles (C590)**

**Short Ride: Decker Road Plus Smith Loop, 46 miles (B265)**

**Shorter Ride: Decker Road, 33 miles (B170)**

**April 21, Saturday, 9 am: Irish Bend/Bellfountain**

**Long Ride: Alpine to Irish Bend back via Bellfountain Road. 53 miles (B360)**

**Short Ride: Bellfountain Road to Bellfountain back via Bellfountain Road. 40 miles (B240)**

**April 28, Saturday, 9 am: Kings Valley/Suver**

**Long Ride: Independence Hwy to Kings Valley back via Philomath. 58 miles (C400)**

**Short Ride: Independence Hwy to Suver back via Hwy 99W. 31 miles (B120)**

**May 5, Saturday 8 am: \*\*\* NOTE "Rise and Shine" Start time \*\*\* This ride only! \*\*\***

**ROAD CLEAN-UP. Warm and sunny. Do your part for the environment!**

**Long Ride: Brownsville via Bellfountain/Harrisburg 76 miles (B610)**

**Short Ride: Bellfountain out and back. 40 miles (B240)**

**May 12, Saturday, 9 am: MVBC ROLLING FEAST IS BACK! Skip breakfast, prepare to eat.**

**Secret route!**

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### SATURDAY RIDES START AT 8AM

**May 19, Saturday Ride, Waterloo/Lebanon/Saddle Butte**

**Long Ride: Shedd to Waterloo back via Tangent. 61 miles (A520)**

**Medium Ride: Shedd to Lebanon back via Tangent. 52 miles (A340)**

**Short Ride: Shedd to Saddle Butte back via Tangent. 37 miles (A230)**

**May 26, Saturday Ride, 8am: Marcola/Harrisburg/Peoria**

**Long ride: Marcola via Harrisburg/Coburg back via Brownsville 104 miles (B690)**

**Medium ride: Harrisburg via Peoria Rd. 50 miles (A305)**

**Short ride: Peoria via Peoria Rd, back via Abraham Drive 27 miles (A070)**

**June 2, Saturday Ride, 8am: Roaring River / Waterloo / Albany**

**Long Ride: Roaring River Fish Hatchery. 80 Miles (B650)**

**Medium Ride: Waterloo. 61.3 Miles (A520)**

**Short Ride: Albany. 34 Miles (A160)**

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Announcements: (Note that the rides below are "Show & Go" style.)

- *No host goodies and banter at Circle Blvd. Beanery half an hour before the Saturday rides. Please, only go inside if you plan to buy something.*
- *Every Wednesday at 9:30 AM: Meet near Camp Adair Road -- first gravel parking lot east of Hwy. 99W. Ride to Independence or Monmouth at an easy to moderate pace. Weekly except when nobody shows up. Walt Prichard 752-6231. Counts for Club Mileage if somebody remembers to record it.*

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## Help Wanted

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### \*\*\* Webmaster \*\*\*

Be your own boss! Work from home!  
Flexible hours!

MVBC is currently in need of a new webmaster to maintain the MVBC.com website as well as a few event rides.

Time requirements: Normal maintenance (ride calendar, check club e-mail, post link to newsletter, etc.) – 2 to 3 hours/month. Special events and NW rides – approx. 2- 3 hours per topic.

Qualifications: Webmastering skills and/or a willingness to learn and help the club are equally desired. Mark Newsome is currently teaching web-related classes at LBCC, and suggests this is a great way to learn and apply new skills.

Benefits: Immense amount of personal pride and prestige.

Contact: Webmaster Mark Newsome, President Jim Gau, or any club officer you know.

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### \*\*\* Sign Wrangler \*\*\*

Make a key contribution to the Covered Bridge Bicycle Tour, investing just ONE day (plus a few hours to prep). And you don't need to store the signs – someone is already doing that.

Qualifications: Pickup truck or van to carry the signs, ability to read maps and follow detailed sign list (this is already figured out – you get to leverage from previous work).

Contact: Rick Ripper

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### \*\*\* CBBT Director \*\*\*

Immediate opening to lead one of the northwest's premier event rides! Help bring cycling joy to hundreds of riders!

Qualifications: Ability to network with lots of skilled, energetic volunteers, ability to tie up loose ends and follow time-tested schedules and methods.

Contact: President Jim Gau or another board member.

### *Additional perspective on the CBBT...*

Can you imagine spring without the Monster Cookie? June without the Strawberry? Our Covered Bridge Tour is another one of the "Great Northwest Event Rides" that hundreds of riders look forward to each year.

The CBBT is also one of our major source of funding for club operations and local bicycling education. We (the board) were worried that we wouldn't have the bandwidth to hold the CBBT last year along with the NWTR, but folks stepped forward to make sure it happened. Don't let this great ride slip off the summer schedule... There are many great volunteers to help make this ride a success; it just needs someone to help tie up the loose ends!

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## Dues Increase May 1

At the March MVBC BOD meeting an increase in club membership fees was approved after lengthy discussion. The primary basis for the increase is to offset a steady increase in the cost of operation of the club over the past 5 years. The major portion of these higher expenses is in the monthly costs of the newsletter, rental for monthly and annual meeting rooms (at Osborn Aquatic Center and Benton Clubhouse) with the largest increase for the club's liability insurance coverage. There have been other increases as well such as the cost of the club's PO Box at USPS and the club's Internet Service Provider (used to be free).

As noted, the cost of insurance is the biggest increase. What isn't necessarily well known in the club is that back in late 2002, the club's insurance carrier for many years, a company that specialized in groups like MVBC, dropped all of its bicycle club customers after a club member in one of its insured bike clubs (not MVBC) sued their club (and lost I might note). So many bike (and I think other recreational) clubs suffered from this situation. We tried to find other coverage and the "pickin's" were very slim (and are even slimmer now!). We tried one policy for a few years (at an increase of about \$600 per year over historical premiums), but then discovered last year that we were still underinsured and our costs

went up again by another \$600 per year, plus we now have to charge an additional premium for each participant – club member or not – for every club special or public event (Covered Bridge, Crater Lake, NWTR, etc.). This in effect raised our costs for these events by almost \$2 per participant, causing us to raise our prices last year on CBBT and this year on CLTR.

After a review of the club's expenses, the board chose to approve a small increase in the membership dues to help offset a portion of these increased expenses. These increases are very modest (\$5 per individual or per family) and the new membership fees, effective on May 1<sup>st</sup>, are \$20 per individual and \$25 per family (see by-laws for family definition details). These new dues are very similar to those of other NW recreational bicycling clubs. Related to this will be a new membership form that each member or member family will need to complete and return, regardless of whether you need to pay your dues. More detail about this new membership form will be explained in a future newsletter. It's a requirement of our new insurance carrier.

By no means will the increase in dues alone balance the increase in expenses in the budget. The board is continuing to review the club's expenses, services as well as the fee structure for club events, both for members only (such as Loop Tours) and public events. Look to future newsletters for updates and if you have any ideas or input, please talk to a board member, me or come to a board meeting.

Tailwinds,  
Joe Monteleone

Respectfully Submitted  
JGM April 9, 2007

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Running out of room...

- Don't forget the Midge Cramer Ride this Saturday!
- Check your email for info about Senate Bill 852

# MID-VALLEY BICYCLE CLUB BOARD MEETING NOTES

**Monday, February 26, 2007**

**Attending:** Susan Christie, Matt Mathews, Walt Prichard, Jim Gau, Richard Burgess, Joellen Jarvi, Joe Monteleone

**Absent:** Larry Thurber, Lloyd Swanson, Lyle Dalton, Henry McCarthy

## Reports

**Treasurer:** Matt reported 22 new or renewed registrations for income of \$275. The NWTR “paid” \$3,000 into the club accounts (\$1,000 savings, \$2,000 checking). Betsy Reid has collected ~\$1500 in loop tour fees – to be forwarded to Matt.

**Membership:** Susan had little new to report. She mentioned we should encourage people riding with the club to join so that they would be covered by the club’s insurance. She has also been checking riders signed up for loop tours to make sure they are members. There were about 6-7 new memberships this past month. She will update us with numbers each month (new, total, etc).

**Ride Captain:** Matt and others reported that due to rain there were only about 4 riders each on the early and later Saturday rides this past weekend.

**Newsletter:** Lloyd has put out a combined March/April edition already, but given some of the “news”, Larry and Rick may put out an interim issue before Lloyd gets back.

**Vice President:** Walt has several programs in the queue, including bike fitting by Corvallis Cyclery, Jerry Rooney’s diversion program for the local courts, and Lloyd and Enrique reporting on their Italy trip.

**Secretary:** Rick had nothing new to report.

**Advocacy:** Walt mentioned that Benton County will be doing little road maintenance this coming year due to timber revenue shortfalls. They are seeking money from the general fund for chip-seal projects. The city is in a similar position. For example, the round-about at 35<sup>th</sup> and Country Club will probably not

be done this year. But work will take place on 53rd from the railroad tracks to Western Blvd.

## Old & New Business

### Dues committee

Matt, Susan, and Joe have looked at this issue, benchmarking what other clubs charge as well as doing a “bottoms-up” analysis of typical club expenses over the year. They recommended raising dues \$5 for both individual and family memberships. This increase probably does not cover all “regular” club expenses, but the board felt that this was an acceptable increase for most members. The board agreed to this proposal, and to have the change become effective May 1<sup>st</sup>.

### Officer search committee

Jim reported on this committee’s meeting. Jim is considering taking on the president role himself, but would like to see an emphasis on having a “president elect” who is grooming for the president role for the next term, along with the outgoing president staying around to assist. The board discussed various options on candidates for the open board positions with the following results: Jim Gau is now the new president. Walt Prichard has been fulfilling the vice-president role (organizing club meeting programs), and offered to take this role on officially. He will also continue in his advocacy role. Joe Monteleone offered to take the just-opened member-at-large position. A big thank-you to all three for stepping up to help lead the club!!

### New webmaster?

Joe reported on a conversation with current webmaster Mark Newsome; he is willing to help bring up a couple of “understudies” to support the website. Someone is needed right away to take over the monthly duties. Susan expressed an interest in becoming one of the “understudies”; she and Joe will pursue a couple of ideas for help in this area.

### Covered bridge tour planning

Little new to report – we are still short a chairperson for this event. Joe will talk to Mark about posting a “save the date” notice on the website. The board requested a report on plans for CBBT next

meeting.

## **Crater Lake Rim Tour**

Joellen submitted the application to the NPS but has not received a reply. Nancy had already reserved Broken Arrow campground at Diamond Lake. They suggested raising the fees for adults from \$25 to \$30, and we are not doing T-shirts this year. Given our budget issues, we discussed possibly raising the fee more than that. This event includes two nights of camping as well as the supported ride. Joellen will work with John Hebda to recommend new fees. How many riders does our permit allow? We asked for 150... Joe will ask Mark to update the date on the web and disable the form until the details are worked out.

## **150<sup>th</sup> Celebration**

Joellen reports that she and Jim have started checking out the route. She recommends that children on the ride be 10 or older due to some of the busy roads on the route. There are opportunities for local “experts” to help educate riders at some stops. We could also use a link on the club website to more information for interested riders.

## **Miscellaneous financial matters**

We need to provide Dick Running with financial records for taxes. This includes the NWTR accounts – which Lloyd has.

## **Reach the Beach**

Larry replied back to the request from RTB organizers for volunteers – we are not pursuing this officially as a club but can pass along their needs through our club communication channels.

**Next meeting:** The next meeting will be March 26th.

The meeting was adjourned and everyone enjoyed refreshments. We would like to thank Lindy and Richard for their continued hospitality in hosting the board meetings each month!

*Respectfully  
submitted by  
Rick Riper*



# MID-VALLEY BICYCLE CLUB BOARD MEETING NOTES

**Monday, March 26, 2007**

**Attending:** Susan Christie, Matt Mathews, Walt Prichard, Jim Gau, Richard Burgess, Joellen Jarvi, Joe Monteleone, Charlie Steinmetz, Becky Steinmetz, Henry McCarthy, Lyle Dalton, Larry Thurber, Rick Riper.  
**Absent:** Lloyd Swanson

## Reports

**Treasurer:** Matt reported 21 new or renewed members (mix of single and family). Besides dues, income this month was from Loop Tour registrations. Account balances are \$7,902 checking and \$1,809 savings, for a total of \$9,711. He has also prepared copies of financial records for tax preparation.

**Membership:** Susan has tallied memberships for the first quarter of 2007: 4 new family and 5 new single registrations; 10 family and 8 single renewals, which is typical for the winter quarter. Nearly all members are on the email distribution. Susan has transformed the old "Getting There" email list for the "Rollers" (the Saturday 10:00 ride group) – Jerry Rooney sends out ride reports from this group's rides.

**Ride Captains:** Henry reported on stats for the year to date: 19,393 total miles and 474 rides. Of special note is Mark "Century" Newsome, who does a century nearly every weekend. Lyle has been revising the ride sheets to reflect the correct start location (the Beanery). He has also been working to clean up and correct some routes. He has also updated the ride calendars for the next few months.

**Newsletter:** No report from Lloyd; Rick and Larry will put out another "half" issue. Deadline for this issue will be April 4<sup>th</sup>. They will work with Lloyd (via email) to get this issue ready for publishing.

**Vice President:** Walt reports that the next general meeting will be April 16<sup>th</sup>, with Lloyd and Enrique presenting on "eating their way across Italy". The meeting in May (21<sup>st</sup>) will be a loop tour info session.

**Secretary:** Rick reports that he will be leaving for Ireland in June; Becky Steinmetz has agreed to resume the role of secretary beginning in May (she was club secretary before Rick).

**Advocacy:** Walt reported on a grant that the city obtained to present a bicycle education program this summer for local children, which they parlayed into more funds through other donations totaling approx. \$15,000. They plan to get 50-60 kids through this program. This is separate from the BTA program.

## Old & New Business

### **Dues committee**

Matt confirmed our decision from last month to raise dues to \$20 and \$25, effective May 1st. Joe will pen an article for the upcoming "half" issue of the newsletter.

### **Webmaster**

Larry reports that Shirley Schoberg has expressed an interest in this position, but has little web-authoring experience yet. Larry and Rick will include a "help wanted" section in the upcoming newsletter for this and a couple of other positions.

### **Corvallis 150<sup>th</sup> Celebration**

Joellen reports that they have the route nailed down, and she has been visiting the historic homes along the way. The total length is about 20 miles, with many stops. This event is now listed in the literature for this celebration. This week's Wednesday ride will follow this route, with Dr. Robert Lilly (OSU) accompanying the group and giving short talks on the geology of the area.

### **Covered Bridge Tour (August 12<sup>th</sup>)**

We still don't have a director for this event. Possible candidates were discussed. The date for this event is set for Sunday, August 12<sup>th</sup>. Items such as the flyer need attention soon. One suggestion was to possibly not pursue a special "theme" for this year – it can "just" be the CBBT!

### **Leadership Transition**

This is Jim's first meeting as chair; the

group shared stories about Larry and thanked him for his service to the club – the last year plus as "acting" president.

### **Rolling Feast (May 12<sup>th</sup>)**

Becky reports that the route is set, and folks have volunteered for the three stops. Of course, the route is secret until the day of the event. It includes some new sections that the club does not normally ride. This ride starts at 9:00. She also asked for funds to get the signs used each year laminated (approved).

### **Crater Lake Rim Tour (August 24<sup>th</sup> – 26<sup>th</sup>)**

Joellen reports that the permit is being processed. When approved, a \$50 administrative fee will be required, and a minor monitoring fee may be levied. She (and director John Hebda) suggest an increase in the fees for this event to help cover increased costs of porta-potties and to help with the club's budget issues. Joe and Larry will review the fees for this event and suggest changes. John also passed along the need for additional volunteers.

### **Ride of Silence (May 16<sup>th</sup>)**

Plans for this event were reviewed.

### **American Bicyclist Magazine**

Matt shared an article from a recent issue of this magazine which covers all of the bicycle-friendly cities in the US (including Corvallis). It covered what these cities did to achieve "bicycle-friendly" status.

### **Dog Bites Man**

Walt told the tale of getting bit on Wigrich Road, and the steps that a rider should take in this situation. The board encouraged him to write an article on this for the newsletter – great info for everyone to know!

**Next meeting:** The next meeting will be April 23<sup>rd</sup>.

The meeting was adjourned and everyone enjoyed refreshments

*Respectfully submitted by Rick Riper*

## - Club Information -

The Mid-Valley Bicycle Club is a recreational touring club for cyclists of all ages. We ride rain or shine! Helmets are required for all riders. Social and educational meetings are held regularly. Check this Newsletter or our website at [www.mvbc.com](http://www.mvbc.com) for current information.

I (We) want to join the Mid-Valley Bicycle Club. Enclosed are annual dues as checked below.

Membership:  \$20.00 Individual or  \$25.00 Family

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_

Family member names: \_\_\_\_\_ Email: \_\_\_\_\_

Please check here if you wish to be added to the MVBC-announce list  (MVBC-announce is a monitored email list which screens for spam.)

In consideration of my application, I hereby, for myself, my executors and administrators, waive and release any and all rights and claims for damages I may have against the Mid-Valley Bicycle Club, its officers, and members, prior to, during, and after my membership or association with the club or any event. I agree to accept all rules and regulations of the club.

Signature(s): \_\_\_\_\_

Date: \_\_\_\_\_ Signature of parent or guardian if under 18: \_\_\_\_\_

Send to: MID-VALLEY BICYCLE CLUB, P.O. Box 1373, Corvallis, OR 97339-1373

## OUR RIDE CAPTAIN REPORTS

*HENRY MCCARTHY*

Saturday total for March was 8,637 miles. Adding the Wednesday ride total of 1,003 miles and Tuesday/Thursday ride total of 665 miles gives us a grand total of 10,305 miles ridden by 234 riders for this month. We have year to date total of 21,388 miles.

Mileage leaders for March (Includes Wednesday and Tuesday/Thursday rides) were **Mark Newsome**, 713; **Lyle Dalton**, 432; **Tim Corbett**, 377; **Terry Dibble**, 357; **Glenn Peltier**, 341; **Joe Monteleone**, 324; **Walt Prichard**, 312; **Jon Beilby**, 271; **Kara Kleeman**, 248; **Leon Ungier**, 240; **Valdimir Baicher**, 236; **Joellen Jarvi**, 236; **Larry Mull**, 210; **Eric Ahlvin**, 198; **Matt Mathews**, 196; **Henry McCarthy**, 189; **Chris Jackson**, 180; **Shirley Schoberg**, 173; **John Morris**, 164; **Dave Wallace**, 164; **Maria Monteleone**, 160; **Becky Steinmetz**, 153; **Dan Youngberg**, 151; **Milt Cardwell**, 149; **Jerry Rooney**, 149; **Rod Inman**, 145; **Will Crawford**, 137; **Alan Acock**, 134; **Robert White**, 133; **Tom Krist**, 131; **Larry Liebowitz**, 131; **George Shaw**, 131; **Susan Christie**, 128; **Erica McKenzie**, 124; **Richard Hand**, 114; **Chuck Daellenbach**, 100; **Case Van Horsen**, 100.

We had 7 new riders this month, welcome to **Andy Albrecht**, **Melissa Boyd**, **Merideth Hansen**, **Tilda Leahy**, **Lars Lunsmann**, **Terry Mallon**, **Doreen Millar**.



Source: OSU Archives

Bicycling Up Cardwell Hill

### For Sale

Bike Friday Pocket Crusoe, purchased new July, 2005. Crème Soda blue, very light (26 lbs), and folds easily. Includes a video cassette and DVD which explain how to fold the bike. Components include a triple chainring, 9-speed 11-32 cassette, Shimano Rapid Fire shifters, Deore derailleurs and hubs, Chris King headset, Tektro levers with V-brakes, Sun rims and Schwalbe Marathon tires. I have been very happy with the Bike Friday company, and plan to buy a recumbent from them once this one is sold. I now realize that my body is more compatible with the recumbent position! Asking \$1250

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**MID-VALLEY BICYCLE CLUB**  
P.O. Box 1373  
CORVALLIS, OR 97339-1373

**Return Service Requested**

### **Future Events**

**April 14:** Midge Cramer Ride, MVBC  
**April 29:** Monster Cookie Metric Century,  
[www.salembicycleclub.org](http://www.salembicycleclub.org)  
**May 12:** Rolling Feast, MVBC  
**May 16:** Ride Of Silence, Corvallis  
**May 25-28:** NWTR, Yakima, [www.nwtr.org/2007](http://www.nwtr.org/2007)  
**June 22-24:** Cycle Oregon Weekend,  
[www.cycleoregon.com](http://www.cycleoregon.com)  
**June 23-July 1:** Loop Tour 1, MVBC  
**June 24:** Watermelon Rides,  
[www.salembicycleclub.org](http://www.salembicycleclub.org)  
**July 14:** Corvallis 150th Celebration  
**July 14-15:** STP, [www.cascade.org](http://www.cascade.org)  
**July 28-Aug 5:** Loop Tour 2, MVBC  
**Sept 8-15:** Cycle Oregon, 20th anniversary,  
[www.cycleoregon.com](http://www.cycleoregon.com)  
**Sept 15-27:** Cycle Japan, Ruth Kanagy,  
<http://livingabroadinjapan.com/cyclekyoto.htm>  
**Sept 23:** Peach of a Century,  
[www.salembicycleclub.org](http://www.salembicycleclub.org)

### **General Meetings**

April 16th, 7:00 PM Osborne Aquatic Center  
"Eating Our Way Across Italy"  
Lloyd Swanson and Enrique Semadeni  
  
May 21st, 7:00 PM Osborne Aquatic Center  
Loop Tour info session

### **Board Meeting**

April 23rd, 7:00 PM Burgess home



### **IMPORTANT SUBMISSION INFORMATION**

Submit articles, stories and photos for the next newsletter to the editor in Word format to:  
[Lloydvswanson@comcast.net](mailto:Lloydvswanson@comcast.net)